



Situation 1

Sarah regularly cleans out the shared refrigerator in the break room.

One day, she unknowingly throws out Martin's leftovers.

The next day, Martin discovers his food is missing and erupts at Sarah.

She responds by saying he should have clearly marked his food. They both leave this exchange feeling angry: Sarah feels under-appreciated for the work she does to clean the office while Martin feels that no one respects his personal belongings.

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Situation 2



You get off on the wrong foot with a new coworker.

They ask you for help with the new rules about bus stops, but you refuse to lend a hand because you are running late for your shift.

There has been tension between you two ever since, and now you need their help, but they're not being very responsive.



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Situation

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You got a promotion/raise that your friend at work was also hoping for.

Now things are awkward between you two.

You definitely want to keep the friendship going, but they aren't even speaking to you outside of the meetings.

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Situation 4



You work very hard while you are on duty, you also substitute a lot and feel the other drivers are not carrying their weight.

This is causing conflict among your coworkers.

You decide to talk about the other drivers with the administration staff friend.

This causes tension and conflict among the employees.



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Situation 5



Recently you talked about a rather personal matter with your colleague.

After you left to do your job, the colleague disclosed the confidential information with the other employees in administration, and her conversation was easily overheard by civilians in the customer centre.



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